

# Tanzania – Dar Es Salaam

## Global Youth Tobacco Survey (GYTS)

### FACT SHEET



The Tanzania – Dar Es Salaam GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, environmental tobacco smoke exposure (ETS), cessation, media and advertising, and school curriculum. These determinants are components Tanzania could include in a comprehensive tobacco control program. The Tanzania- Dar Es Salaam GYTS was a school-based survey of students in Classes 6 & 7, and Forms 1 & 2, conducted in 2003.

A two-stage cluster sample design was used to produce representative data for Tanzania –Dar Es Salaam. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 92.5%, and the overall response rate was 92.5%. A total of 1947 students participated in the Tanzania - Dar Es Salaam GYTS.

#### Prevalence

13.3% of students had ever smoked cigarettes (Boy = 17.9%, Girl = 8.5%)  
 10.2% currently use any tobacco product (Boy= 11.7%, Girl = 8.3%)  
 3.4% currently smoke cigarettes (Boy= 4.3%, Girl = 2.4%)  
 7.8% currently use other tobacco products (Boy= 8.4%, Girl = 7.0%)  
 3.3% of never smokers are likely to initiate smoking next year

#### Knowledge and Attitudes

43.1% think boys and 32.0% think girls who smoke have more friends  
 33.4% think boys and 36.6% think girls who smoke look more attractive

#### Access and Availability - Current Smokers

26.4% usually smoke at home  
 22.9% buy cigarettes in a store  
 \* who bought cigarettes in a store were NOT refused purchase because of their age

#### Environmental Tobacco Smoke

30.6% live in homes where others smoke in their presence  
 38.3% are around others who smoke in places outside their home  
 76.7% think smoking should be banned from public places  
 85.5% think smoke from others is harmful to them  
 12.9% have one or more parents who smoke  
 3.8% have most or all friends who smoke

#### Cessation - Current Smokers

\* want to stop smoking  
 \* tried to stop smoking during the past year  
 94.3% have ever received help to stop smoking

#### Media and Advertising

85.3% saw anti-smoking media messages, in the past 30 days  
 80.8% saw pro-cigarette ads on billboards, in the past 30 days  
 66.3% saw pro-cigarette ads in newspapers or magazines, in the past 30 days  
 20.8% have an object with a cigarette brand logo  
 7.1% were offered free cigarettes by a tobacco company representative

#### School

64.5% had been taught in class, during the past year, about the dangers of smoking  
 37.2% had discussed in class, during the past year, reasons why people their age smoke  
 45.1% had been taught in class, during the past year, the effects of tobacco use

#### Highlights

- 10% of students currently use any form of tobacco; 3% currently smoke cigarettes; 8% currently use some other form of tobacco.
- ETS exposure is high – 3 out of 10 students live in homes where others smoke in their presence; approximately two out of five students are exposed to smoke in public places; 1 out of 10 students have parents who smoke.
- Approximately 9 out of 10 of students think smoke from others is harmful to them.
- Almost 80% of the students think smoking in public places should be banned.
- Approximately 9 out of 10 students saw anti-smoking media messages in the past 30 days; while 4 out of 5 students saw pro-cigarette ads in the past 30 days.
- One out of 5 students has an object with a cigarette brand logo on it.